

Free drug and alcohol services



CGL

www.changegrowlive.org
Countywide Service

- ✓ All ages
- ✓ Out-of-hours
- ✓ Group therapy
- ✓ Telephone support
- ✓ Family support
- ✓ Outreach
- ✓ Local Hubs
- ✓ Online
- ✓ Early intervention
- ✓ Route in to Rehab
- ✓ Complex needs
- ✓ Access to housing support
- ✓ - Emerging Futures

The Living Room

www.livingroomherts.org
St Albans, Watford, Stevenage

- ✓ 18 years +
- ✓ Group therapy
- ✓ Community rehab
- ✓ Family and carers
- ✓ All addictions supported
- ✓ Specialist addiction groups
- ✓ Recovery programme
- ✓ Social enterprise

DrugLink

www.druglink.co.uk
Hemel Hempstead

- ✓ 18 years +
- ✓ Residential Rehab
- ✓ Group therapy
- ✓ Holistic therapy
- ✓ Family therapy
- ✓ Counselling
- ✓ Local Hubs
- ✓ Online
- ✓ Recovery programme
- ✓ Social enterprise cafe
- ✓ Employability skills
- ✓ Supported housing

Resolve

www.resolve-online.org
Hatfield, Welwyn Garden, North Herts

- ✓ 18 years +
- ✓ Family and friends
- ✓ Drop-in support
- ✓ Homeless support
- ✓ Holistic therapy
- ✓ Local Hubs
- ✓ Online
- ✓ Social enterprise cafe
- ✓ One-to-one support
- ✓ Counselling

No More Service

- ✓ 18 years +
- ✓ One-to-one support
- ✓ Training
- ✓ Employability skills
- ✓ Financial advice
- ✓ Stevenage only
- ✓ Housing & emotional support
- ✓ Domestic abuse perpetrator programme
- ✓ Advocacy
- ✓ Criminal justice support

Recover

www.recoverteam.co.uk
Welwyn Garden City

- ✓ 18 years +
- ✓ Therapeutic work
- ✓ Learning new skills
- ✓ Upholstery
- ✓ Up-cycling
- ✓ Contribution to travel
- ✓ Social enterprise
- ✓ Employability skills
- ✓ Post-treatment
- ✓ Provides routine and purpose

Viewpoint

www.hertsviewpoint.co.uk
Welwyn Garden City

- ✓ 18 years +
- ✓ Service-user voices
- ✓ Guest speakers
- ✓ Workshops
- ✓ Influence change
- ✓ Training

Emmaus

www.emmaus.org.uk/hertfordshire
Boxmoor, Tring, St Albans

- ✓ 18 years +
- ✓ Homelessness
- ✓ Social enterprise
- ✓ Learning skills
- ✓ Up-cycling
- ✓ Employability skills
- ✓ Reduces isolation
- ✓ Self-sustaining

New Leaf College

www.newleafcollege.co.uk
Hertfordshire

- ✓ 18 years +
- ✓ Face-to-face
- ✓ Online
- ✓ Academic year
- ✓ Holistic courses
- ✓ Wellbeing courses
- ✓ Employment courses
- ✓ Recovery courses

Treatment and recovery

Following treatment

Useful websites

Narcotics Anonymous

www.ukna.org

Alcoholics Anonymous

www.alcoholics-anonymous.org.uk

Talk to Frank

www.talktofrank.com

HPFT IAPT

www.hpft-iapt.nhs.uk/

Breaking Free

www.breakingfreeonline.com

Health in Hertfordshire

www.hertfordshire.gov.uk

Drinkless App

www.drinklessalcohol.com

Stay Dry App

www.alcoholchange.org.uk

Useful numbers

Drinkline

0300 123 1110

CGL - Alcohol & Cannabis

Telecoms Service
0800 652 3159

CGL - Single point of contact

0800 652 3169

Alcoholics Anonymous

08009177

Herts Help

0300 123 4044

Support for carers

Carers in Hertfordshire

www.carersinherts.org.uk
01992 586969

Nacoa

www.nacoa.org.uk
0800 358 3456

Family Lives

www.familylives.org.uk
0808 800 2222

Crisis support

Hertfordshire Mind Network

01923 256 391

Emergency services

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